## FINDING WHAT FITS

UST interest areas group majors by the common themes listed below. Looking carefully and critically at these themes might help you determine which interest area may be the best place for you to begin examining your major. INSTRUCTIONS: Put an " $X$ " next to words or phrases that appeal to you. Then, add the total number of " $X$ ' $s$ " in the right hand column. The area with the greatest value may indicate the interest area from which a major may be selected.

| Area | Themes (l generally enjoy...) |  | Total |
| :---: | :---: | :---: | :---: |
| Arts \& Humanities | $\square$ Creating original work $\square$ Music/Theatre/Art/Literature $\square$ Discussing thoughts and ideas $\square$ Questioning assumptions $\square$ History and world events | Philosophy or religious studies Innovative thinking Learning about other cultures Variety in courses Languages |  |
| Business | $\square$ Economics $\square$ Stock market and investments $\square$ Statistics and Calculus $\square$ Working with people $\square$ Problem solving | $\square$ Accounting $\square$ Group Projects $\square$ Coursework with themes $\square$ Using technology $\square$ Leading teams |  |
| Education | $\square$ Teaching others $\square$ Working with children $\square$ Working with parents \& family $\square$ Multicultural awareness $\square$ Working in groups | Broad range of course subjects Human growth and development Studying educational systems Enjoy tutoring/mentoring others <br> Rigid curriculum requirements |  |
| Environmental Studies | Nature and the Environment Working outdoors Advocating for "going green" Conservation | Climate Issues Research opportunities Lots of lab work Comfortable with Math/Calculus |  |
| Life \& Health Sciences (P.T., Med School, Dentistry, Vet. school) | $\square$ Biology $\square$ Chemistry/Physics $\square$ Anatomy \& Physiology $\square$ Structured courses $\square$ Courses across disciplines $\square$ Health, Wellness, Nutrition $\square$ Critical thinking $\square$ Understanding human behavior | $\square$ Comfortable with Math/Calculus $\square$ Plans to attend graduate school $\square$ Lots of lab work $\square$ Works well under pressure $\square$ Research opportunities $\square$ Working with and helping people $\square$ O.T., P.T., or P.A. School $\square$ Medical, Dental, or Vet. School |  |
|  <br> Applied <br> Sciences | Excellent math skills required <br> Courses with labs Coursework has similar themes May use Physics or Chemistry Working independently | Individual research Using technology Examining how things work Energy: light, sound, electricity Crafting structures \& systems |  |
| Social Sciences | $\square$ Thinking about society $\square$ Legal systems/Politics $\square$ Human diversity $\square$ Critical thinking $\square$ Working with people $\square$ Counseling others | International interests <br> Human behavior Human rights Cross-cultural studies Broad choice in courses Law School |  |

