FINDING WHAT FITS

UST interest areas group majors by the common themes listed below. Looking carefully and critically at these themes might help you determine which interest area may be the best place for you to begin examining your major. **INSTRUCTIONS:** Put an "X" next to words or phrases that appeal to you. Then, add the total number of "X's" in the right hand column. The area with the greatest value may indicate the interest area from which a major may be selected.

Area	Themes (I generally enjoy)		Total
Arts &	Creating original work	Philosophy or religious studies	
Humanities	Music/Theatre/Art/Literature	☐ Innovative thinking	
	Discussing thoughts and ideas	Learning about other cultures	
	Questioning assumptions	Variety in courses	
	History and world events	Languages	
Business	Economics	Accounting	
	Stock market and investments	Group Projects	
	Statistics and Calculus	Coursework with themes	
	☐ Working with people	Using technology	
	Problem solving	Leading teams	
Education	Teaching others	☐ Broad range of course subjects	
	Working with children	☐ Human growth and development	
	☐ Working with parents & family	Studying educational systems	
	Multicultural awareness	Enjoy tutoring/mentoring others	
	Working in groups	Rigid curriculum requirements	
Environmental	☐ Nature and the Environment	Climate Issues	
Studies	Working outdoors	Research opportunities	
	Advocating for "going green"	Lots of lab work	
	Conservation	Comfortable with Math/Calculus	
Life & Health	Biology	Comfortable with Math/Calculus	
Sciences (P.T.,	Chemistry/Physics	Plans to attend graduate school	
Med School,	Anatomy & Physiology	Lots of lab work	
· ·	Structured courses	☐ Works well under pressure	
Dentistry, Vet.	Courses across disciplines	Research opportunities	
school)	Health, Wellness, Nutrition	☐ Working with and helping people	
	Critical thinking	O.T., P.T., or P.A. School	
	Understanding human behavior	Medical, Dental, or Vet. School	
Physical &	Excellent math skills required	Individual research	
Applied	Courses with labs	Using technology	
Sciences	Coursework has similar themes	Examining how things work	
Sciences	May use Physics or Chemistry	Energy: light, sound, electricity	
	Working independently	Crafting structures & systems	
Social	Thinking about society	International interests	
Sciences	Legal systems/Politics	Human behavior	
	Human diversity	Human rights	
	Critical thinking	Cross-cultural studies	
	Working with people	Broad choice in courses	
	Counseling others	Law School	