

STUDENT SELF-PORTRAIT

Name _____

	Yes	No
Have you set long- and short-term goals for your college career?		
Do you know how to work with a syllabus?		
Do you generally get things done in time, without procrastinating?		
Do you have a system for managing your time (calendar, to-do list, etc.)?		
Do you have a definite time set aside each day for study?		
Do you study in places (such as the library) where you can be alert, focused, and free from distractions?		
Do you think you accomplish a lot in relation to the amount of time you spend in studying?		
Do you keep up with your reading assignments?		
Do you read the table of contents and introduction before you begin using your text?		
Do you read study questions and summaries before you read a chapter?		
Do you look for main ideas in what you read?		
Do you relate the material you are learning with material you've previously learned in this course, in another course, or in my life?		
Do you underline main ideas/take notes while reading?		
In studying for an exam, do you distribute your study time over more than one session?		
When studying material to be remembered, do you try to summarize it for yourself?		
Do you make up exam questions and answer them as you study?		
Do you meet with your Academic Advisor regularly?		

My greatest assets as a student are:

My greatest weaknesses as a student are:

Attendance

- 1. Did you attend class regularly during the previous semester? ____ Yes ____ No
- 2. Have you been attending classes regularly the current semester? ____ Yes ____ No
- 3. Indicate below how many classes you missed in each of your courses last semester. In the last column list the courses with attendance policies.

Course # of classes missed attendance policy

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

4. What did you do to make up for missed coursework?

- _____ Copied other students' notes/materials
- _____ Consulted with the professor
- _____ Nothing
- _____ Other (please specify) _____

5. Did you meet with your professor regarding your absence or obtain an excused absence from the UST office?

Area of study

1. Please read each of the following statements and check any that is true of you. If there are blanks for any of the statements you check, please complete them.

- _____ I have definitely decided on the following major: _____
- _____ I am undecided between two or more majors. _____ or _____
- _____ I am totally undecided about what major I should choose.

2. Throughout your academic career, in which courses have you been most successful?

2a. Do these courses apply to your area of study? ____ Yes ____ No

3. Throughout your academic career, in which courses have you been unsuccessful?

3a. Do these courses apply to your area of study? ____ Yes ____ No

4. After completing the above section on "Area of Study," how confident are you about doing well in the major you've chosen? (5 is extremely confident and 1 is not at all confident)

5 4 3 2 1